

Vita of Paul Finnicum, Ed.D.

A. CONTACT INFORMATION

Paul Anthony Finnicum

Home address:

5209 Friendly Hope Road
Jonesboro, AR 72404

Work address:

P.O. Box 240, 315 West University Loop
State University, AR 72467-0240

Phone: 501-680-8113 (Work) 501-935-1720 (Home)

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Present Position: Professor in Department of Health, Physical Education and Sport Sciences

B. EDUCATION

<u>Degree</u>	<u>Institution</u>	<u>Major</u>	<u>Year</u>
Ed.D.	Oklahoma State University	Higher Education/Health	1989
M.S.	Oklahoma State University	Health Science	1983
B.S.	Northern Illinois University	Journalism	1978

C. PROFESSIONAL EXPERIENCE

<u>Position</u>	<u>Employing Institution</u>	<u>Dates</u>
Professor	Arkansas State University	(2010 - present)
Professor/Chair	Arkansas State University	(2014 – 2021)
Associate Professor	Arkansas State University	(1997-2010)
Assistant Professor	Arkansas State University	(1989-1996)
Instructor	Arkansas State University	(1988-1989)
Graduate Associate in Health	Oklahoma State University	(1984-1988)
Graduate Assistant in Health	Oklahoma State University	(1981-1983)

D. ADVISEMENT

- 2021 calendar year: 25 total advisees consisting of exercise science, health promotion and physical education majors
- 2020 calendar year: 44 total advisees consisting of exercise science, health promotion and physical education majors
- 2019 calendar year: 75 total advisees consisting of exercise science, health promotion and physical education majors
- 2018 calendar year: 85 total advisees consisting of exercise science, health promotion and physical education majors
- 2017 calendar year: 105 total advisees consisting of exercise science, health promotion and physical education majors

- 2016 calendar year: 98 total advisees consisting of exercise science and health promotion majors
- 2015 calendar year: 92 total advisees consisting of exercise science and health promotion majors
- 2014 calendar year: 85 total advisees consisting of exercise science and health promotion majors
- 2013 calendar year: 33 total advisees consisting of exercise science and health promotion majors
- 2012 calendar year: 35 total advisees consisting of exercise science and health promotion majors
- 2011 calendar year: 38 total advisees consisting of exercise science and health promotion majors
- 2010 calendar year: 41 total advisees consisting of exercise science and health promotion majors
- 2009 calendar year: 44 total advisees consisting of exercise science, health education and health promotion majors
- 2008 calendar year: 41 total advisees consisting of exercise science, health education and health promotion majors
- 2007 calendar year: 38 total advisees consisting of exercise science, health education and health promotion majors
- 2006 calendar year: 33 total advisees consisting of exercise science, health education and health promotion majors
- 2005 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors
- 2004 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors
- 2003 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors
- 2002 calendar year: 45 total advisees consisting of exercise science, health education and health promotion majors
- 2001 calendar year: 43 total advisees consisting of exercise science, health education and health promotion majors

Nominated in 2010 and 2009 for the “YOU MADE A DIFFERENCE” Faculty Advisor Award sponsored by the Wilson Advising Center.

E. SCHOLARLY PUBLICATIONS

- Jones, M., Maddox, J., and Finnicum, P. (2017). Use of Fitness and Nutrition Applications by College Students. *Missouri Journal of Health, Physical Education, Recreation, and Dance*. Vol. 27 (3).
- Finnicum, P.A. (2012) *The Twenties in America*. Salem Press. **ISBN-13:** 978-1-58765-855-6.
 - W.C. Fields, page 305.
 - James "Cool Papa" Bell, pages 89-90.
- Finnicum, P.A. (2012) *Great Lives from History: Latinos*. Salem Press. **ISBN-13:** 978-1-58765-810-5.
 - Tony Oliva, pages 674-675.
 - Tony Romo, pages 800-801.
- Finnicum, P.A. (2011) *Great Lives from History: African Americans*. Salem Press. **ISBN-13:** 978-1-58765-747-4.
 - Walt Frazier, pages 621-622.
 - John Jordan "Buck" O'Neil, pages 1136-1137.

- Calvin Peete, pages 1170-1171.
- Finnicum, P.A. (2011) *The Thirties in America*. Salem Press. **ISBN-13:** 978-1-58765-725-2.
 - Marijuana Tax Act of 1937, pages 610-611.
- Finnicum, P.A. (2010) *The Forties in America*. Salem Press. **ISBN-13:** 978-1-58765-659-0.
 - Birth Control, pages 117-119.
 - Sexually Transmitted Diseases, pages 870-872.
- Graves, M.M., Glenn, A., Adams, T.M., Church, J.B., Finnicum, P.A., & Stillwell, J.L. (2011). The use of silhouettes to determine body distortion and body dissatisfaction in African American and Caucasian college-age females. *International Journal of Fitness*, 7(2).
- Finnicum, P.A. and Mathis, M.J. (2010) "*From College to Career: Charting a Course*" *Arkansas Journal*, 45:1, 10-16.
- Finnicum, P.A. (2009) *Great Athletes: Baseball*. Salem Press. **ISBN:** 978-1-58765-473-2.
 - Mordecai Brown. pages 59-61.
- Finnicum, P.A. (2009) *Great Athletes: Football*. Salem Press. **ISBN:** 978-1-58765-476-3
 - Lee Roy Jordan, pages 238-239.
- Finnicum, P.A. (2009) *How STDs Can Spread*. Health and Wellness Teaching Community <http://www.pearsonhighered.com/healthcommunity>
- Mathis, M.J. and Finnicum, P.A. (2008) "*Are We Developing Character or Characters?*" *Arkansas Journal*, 43:1, 22-23.
- Rasberry, C.N., Finnicum, P.A., Adams, T.M., and Dean, M.B. (2006) "*Body Image Distortion and Dissatisfaction in a Sample of College Females.*" *Arkansas Journal*, 41:1, 32-39.
- Finnicum, P.A. (1998) "*Managing Stress Through Outdoor Recreation.*" *Parks & Recreation*. Vol. 33, No. 8, 46-51.
- Finnicum, P.A. (1997) "*Developing Discipline Policies to Prevent Problem Behaviors.*" *Teaching Secondary Physical Education*. Vol. 3, Issue 4, 25-26.
- Finnicum, P.A. (1997) "*Comprehensive School Health: Reality or Rhetoric?*" *Teaching Secondary Physical Education*. Vol. 3, Issue 2, 22-23.
- Finnicum, P.A. (1996). "*Tourism and Wellness: A Natural Alliance in a Natural State.*" *Parks & Recreation*. Vol. 31, No. 9, 85-90.
- Finnicum, P.A., Darby, P.J. and Sugg, W.J. (1991). *Status Report on Arkansas State University's Physical Education Program: A Guide to Future Direction*. *Arkansas Journal*, 26:1, 10-13.
- Glover, E.D., Edwards, S.W., Christen, A.G. and Finnicum, P.A. (1984). *Smokeless Tobacco Research: An Interdisciplinary Approach*. *Health Values*, 8, 21-25.

F. OTHER PUBLICATIONS

- Dean, B., Bryant, L., Stillwell, J. & Finnicum, P. (2005). *Physical activities for Arkansas early childhood benchmarks for developmental learning strand 4 – physical development*. *Arkansas Early Childhood Education Framework Handbook*, 1-95.

G. ABSTRACTS

- DePriest, SM, Adams TA, Byars A, Stillwell JL, Albright C, and Finnicum P. An investigation of the effectiveness of 'The Rack' on ankle plantar flexion. *Research Quarterly for Exercise and Sport*, 1999;70 (1S):A18-19.
- Glover ED, Edwards SW, Finnicum P. The acute effects of smokeless tobacco on heart rate & motor performance. *Society of Behavioral Medicine-Addendum*, 1985:24.

H. PUBLISHED REVIEWS

- Finnicum, P.A. (1995). Review of *Principles of Health Education and Health Promotion*, by Thomas Butler. *Health Values*, Vol. 19, No. 3 (May/June 1995): 60-62.
- Finnicum, P.A. (1993). Review of *Sex Differences: Modern Biology and the Unisex Fallacy* by Yves Christen. *Health Values*, Review #17, 60-62.
- Finnicum, P.A. (1991). Review of *When Children Want Children* by Leon Dash. *Health Values*, Review #15, 60-62.

I. SCHOLARLY PRESENTATIONS

International/National

- Shelton, K.S., Wheeler Gryffin, A A., Bryant, L.G. & Finnicum, P.A. "*The Effects of Meditation in College Students.*" Central States Chapter of the American College of Sports Medicine Annual meeting March 4, 2021.
- Finnicum, P.A. "*Tapping into the Affective Domain Using Personal Response Software.*" SHAPE America PETE & HETE Conference in Atlanta, GA, October 29th, 2015.
- Bryant, L. G. & Finnicum, P. "*Does video communication aid or hinder intern supervision.*" American Alliance for Health, Physical Education, Recreation, and Dance, Charlotte, NC, April 12, 2013.
- M.J. Mathis & P.A. Finnicum, Arkansas State University "*They Call Me Coach, But They Probably Shouldn't.*" American Alliance for Health, Physical Education, Recreation and Dance conference in Orlando, FL, April 10, 2012 Southern District/FAHPERD/AAHPERD Convention.
- M.J. Mathis & P.A. Finnicum, Arkansas State University "*From College to Career: Charting a Course*" American Alliance for Health, Physical Education, Recreation and Dance conference in Orlando, FL, April 9, 2012 Southern District/FAHPERD/AAHPERD Convention.
- P.A. Finnicum & M.J. Mathis, Arkansas State University; J.S. Green, Texas A & M University; J.B. Zeiger, Alternative Fuels Institute. "*Technological Tools of the Trade for Teachers.*" National Wellness conference in Stevens Point, WI July 21, 2010.
- Finnicum, P.A., Mathis, M.J., Bryant, L.G., Green, J.S., and Zeiger, J.B. "*Courses are so Much Cooler Online with Twitter and Facebook*" American Alliance for Health, Physical Education, Recreation and Dance conference in Indianapolis, IN, March 19, 2010.
- P.A. Finnicum & M.J. Mathis, Arkansas State University; T.M. Finnicum, Oklahoma State University; J.S. Green, Texas A & M University; D.A. Williams, U of Arkansas; J.B. Zeiger, Alternative Fuels Institute. "*Freesources*" for Courses: *The Best Things in Life are Free.*

- American Alliance for Health, Physical Education, Recreation and Dance conference in Tampa, FL, April 2, 2009.
- P.A. Finnicum & M.J. Mathis, Arkansas State University; J.S. Green, Texas A & M University, J.B. Zeiger, Alternative Fuels Institute. “*Using Personal Response Systems to Create an Interactive Classroom.*” American Alliance for Health, Physical Education, Recreation and Dance conference in Ft. Worth, TX, April 10 2008.
 - Davis-Hipp, R., Finnicum, P., and Graves, M. “*Providing Worksite Health Promotion Programs on a Shoestring Budget.*” Southern District Alliance for Health, Physical Education, Recreation and Dance conference in Virginia Beach, Virginia March 3, 2006.
 - Glenn, A., Graves, M., Adams, T., Church, B., Finnicum, P. “*Body Distortion And Body Dissatisfaction In Black And White College Age Females.*” National American College of Sports Medicine (ACSM) conference in Nashville, TN June 2, 2005.
 - Finnicum, P. A. and Green, J.S. “*Technology as a Teaching Tool*”. Presented at the Southern District American Alliance for Health, Physical Education, Recreation and Dance convention in Little Rock, AR March 3, 2005.
 - Finnicum, P.A. and Stillwell, J.S. “*I Thought I Wanted to be Chair*”. CUAC Conference in Branson, MO on July 10, 2004.
 - Rasberry, C., Adams, II, T. M., Finnicum, P., and Dean, B. “*Body image recognition: A study of body image distortion and dissatisfaction*”. American College of Sports Medicine, St. Louis, May, 2002.
 - DePriest, S., Adams, II, T., Byars, A., Stillwell, J., Albright, C., Finnicum, P. “*An Investigation of the Effectiveness of the Rack on Ankle Plantar Flexion*”. American Alliance for Health, Physical Education, Recreation and Dance, April 21, 1999.
 - Finnicum, P.A. and Zeiger, J.B. “*Achieving a Smoke Free Society by the Year 2000: An Anthology of Strategies.*” Presented at the Southern District American Alliance for Health, Physical Education, Recreation and Dance convention in New Orleans, LA on February 12-15, 1997.
 - Zeiger, J.B., Finnicum, P.A., and Dempsey, S. “*Principles and Guidelines for Establishing an Experiential Education Program in Higher Education.*” 23rd Annual International Conference of the Association for Experiential Education. Lake Geneva, WI, November 9-12, 1995.
 - Finnicum, P.A. and Zeiger, J.B. “*Tourism and Wellness: A Natural Alliance.*” 38th World Congress of the International Council for Health, Physical Education, Recreation, Sport and Dance. Gainesville, FL, July 9-16, 1995.
 - Williams, N.J., Finnicum, P.A., and Arheart, K.L. “*Smokeless Tobacco Cessation*”. American Alliance for Health, Physical Education, Recreation and Dance National Convention, 13 April 1994, Denver, CO.
 - Williams, N.J., Finnicum, P.A. and Arheart, K.L. “*Effectiveness of a Self-Help Manual in Smokeless Tobacco Cessation.*” Presented at the 71st General Session and Exhibition of the International Association for Dental Research. Chicago, IL, March 10-14, 1993.
 - Glover, E.D., Edwards, S.W., Finnicum, P.A., Bowyer, G.R. “*Effects of Smokeless Tobacco on Heart Rate and Motor Performance*”. Society of Behavioral Medicine Convention, 27 March 1985, New Orleans, Louisiana.

Regional

- P. Finnicum, P.A., Mathis, M.J., Perkey, D.A. *Successful Practices in Teaching Online Physical Education*. Regional Conference - Online and Distance Education - April 10th 2009, Jonesboro, AR.

State

- Mathis, M.J. and Finnicum, P.A. *"They Call Me Coach"*. Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 4, 2010.
- Mathis, M. and Finnicum, P. *"Teaching a Personal Health Class Online"* Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 1, 2007.
- Finnicum, P. and Ramsey, G. *"Using a Personal Response Device in Health Classes"* Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 2, 2007.
- Finnicum, P. and Mathis, M. *"I Don't Care Who You Are This Is Funny: Using Humor To Teach Health Part Deux."* Arkansas Association for Health, Physical Education, Recreation and Dance conference in Hot Springs, AR on November 2, 2006.
- Finnicum, P.A. *"BMI Update: Myths, Misconceptions, and Implementation Strategies"*. Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 5-7, 2003
- Finnicum, P.A. *"Using the Internet to Teach Health"*. Society of Public Health Educators (SOPHE) conference in Little Rock on March 6-7, 2003.
- Finnicum, P.A. *"Sex Education: What Really Works"* Arkansas Association for Health, Physical Education, Recreation and Dance State Conference on November 9th, 2001.
- Finnicum, P.A. *"Using the Internet to Teach Health."* Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance State Conference on November 2nd and 3rd, 2000.
- Finnicum, P.A. *"Students Attitudes About Sex: Implications for Curriculum Development."* Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance convention in Hot Springs, AR on November 6, 1998.
- Finnicum, P. and Adams, II, T. M. *College Students' Attitudes about AIDS*. Arkansas Association for Health, Physical Education, Recreation and Dance, November 5, 1998, Hot Springs, Arkansas.
- Finnicum, P.A. *"Developing Discipline Policies to Prevent Problem Behaviors."* Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance convention in Eureka Springs, AR on November 6-7, 1997.
- Finnicum, P.A. *"Sex Education in the Public Schools: Just Do It"*. Tenth Annual Arkansas Health Education Conference, 3-4 March 1994, Hot Springs, AR.
- Finnicum, P.A. *"Teaching Strategies for Health Education"*. Arkansas Association for Health, Physical Education, Recreation and Dance and Oklahoma Association for Health, Physical Education, Recreation and Dance Joint Conference, 28 August 1993, Fayetteville, AR.

- Finnicum, P.A. “*Activities for Improving Self-Perception*”. Arkansas Association for Health, Physical Education, Recreation and Dance State Convention, 3 November 1991, Eureka Springs, AR.
- Finnicum, P.A., Darby, P.J. and Sugg, W.J. “*Evaluation of a Physical Education Activity Program*”. Arkansas Association for Health, Physical Education, Recreation and Dance State Convention, 3 November 1989, Jonesboro, Arkansas.
- Finnicum, P.A., Adams, T.M., and Burgess, D. “*PMS Treatment: Caveat Emptor!*” Arkansas State Health Education Conference, 17 March 1989, Little Rock, Arkansas.

Local/District

- Finnicum, P.A., Daniel, D., Battles, D. “*Coaching Panel Discussion.*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 6, 2017.
- Finnicum, P.A., Brown, L., Gaines, W., Greenwood, L., Stahura, K. “*Careers in HPESS.*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 6, 2002
- Finnicum, P.A. “*Life After College: Get a Job!*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 6, 2000.
- Finnicum, P.A. “*Something for Everyone: Health Education Strategies.*” Presented at the District IV Arkansas Association for Health, Physical Education, Recreation and Dance convention in Jonesboro, AR on April 2, 1998.
- Finnicum, P.A. “*Sex Education in Public Schools: What to Teach and How to Teach it.*” Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop. Paragould, AR, April 15, 1993.
- Finnicum, P.A. and Burgess, D. “*Values Clarification*”. District IV Arkansas Association for Health, Physical Education, Recreation and Dance Conference, 19 April 1990, Jonesboro, Arkansas.
- Finnicum, P.A. and Burgess, D. “*Trends in Health Education in Public Schools*”. District IV Arkansas Association for Health, Physical Education, Recreation and Dance Conference, 6 April 1989, Jonesboro, Arkansas.

J. OTHER SCHOLARSHIP

- Academic Reviewer for McGraw-Hill, Fit Well: Questions and Answers 2010
- Academic Advisory Board member for McGraw Hill, Annual Editions: Gender 2010
- Reviewer for McGraw Hill’s Sexual Literacy text 2009.
- Reviewer for Jones and Bartlett’s Exploring the Dimensions of Human Sexuality 1998.
- Reviewer for Brooks/Cole Publishing’s Golf Today, 1997.
- Reviewer for Mayfield Publishing’s Core Concepts in Health: Brief Edition 7th ed., 1996.
- Reviewer for Brown and Benchmark Publishers’ prospectus for a community health text, 1994.
- Reviewer for Times Mirror/Mosby’s School Health Practice 10th ed., 1992.
- Reviewer for Wadsworth Publishing Company’s Healthy for Life, 1990.

K. GRANTS (Unfunded)

Hanrahan, S., Guffey, M., Grant, J. and Finnicum, P. National Institutes of Health. *Smoking Prevention*. \$3.4 million (submitted July 1999).

Finnicum, P. Arkansas Health Promotion Grant. *Effectiveness of Drug Abuse Resistance Education (DARE) Program*. \$5000 (submitted April 1995).

L. SERVICE TO STATE PROFESSIONAL ORGANIZATIONS

Arkansas Association for Health, Physical Education, Recreation, and Dance

- Vice-President of Health Division (2011-2012)
- Vice-President of Health Division (2006-2008)
- President (2002-2004)
- President-elect (2000-2001)
- Vice-President of General Division (1989-1990)

Arkansas School Health Association

- President (1992-1993)
- Newsletter editor (1993 Fall and Spring editions)
- President-elect (1991-1992)
- Second Vice-President (1990-1991)
- Board of Governors (1989-1990)

M. SERVICE TO NATIONAL PROFESSIONAL ORGANIZATIONS

American Alliance for Health, Physical Education, Recreation, and Dance

American Association for Health Education Committee on Student Services (2000-2002)

N. COMMUNITY SERVICE

- AAHE4ME Mentor--serve as mentor for future health education professionals (2011 – present)
- Round Table Group/Thomson Reuters Expert Witness Services—expert witness panel (2008-present).
- Parenting and Childbirth Education Services (PACES) Family Day Planning Committee (2008)
- Craighead County Soccer Association soccer coach (2008)
- Upward basketball coach (2007—2009)
- Soccer and basketball coach and manager for Jonesboro Park and Recreation City Stars Program (2005—present)
- Northeast Arkansas Christian Homeschool Educators basketball coach (2011--present)
- Consultant with Heart Healthy Energetic Adults Rally Together—collaboration with Center in Aging Northeast and Area Agency on Aging February 2006
- Consultant for abstinence grant through St. Bernards Behavioral Center (2006)
- Member of Craighead County Chapter of the American Heart Association (2002---)
- President, Board of Directors of Parenting and Childbirth Education Services (2000-2002)
- Director of Arkansas Physical Activity Coalition (1999-2001)
- Member of Arkansas Governor's Council on Physical Fitness (1992-1994)
- Board of Directors for the American Cancer Society Arkansas Division (1992-1994)
- Suspected Child Abuse and Neglect Task Force president (1990-1991), vice president (1989)
- Member of Jonesboro Public Schools Drug Education Committee (1991-1994)

- Member of Jonesboro Public Schools Health Education Advisory Committee (1990-1991)

O. PROFESSIONAL MEMBERSHIPS

National

- American Alliance for Health, Physical Education, Recreation and Dance (1983—present)
- American School Health Association (1990-1994)

State

- Arkansas Association for Health, Physical Education, Recreation and Dance (1989—present)
- Arkansas Public Health Association (2000-2001)
- Arkansas School Health Association (1989-1994)
- Arkansas Teacher Educators (1990-1992)

P. CERTIFICATION

Certified Health Education Specialist #6816 (1998)

Q. COURSES TAUGHT

- Foundations of Health
- Personal Health
- First Aid and Safety
- Human Sexuality
- Drug Use and Abuse
- Consumer Health
- Public and Community Health
- School Health Programs
- Health Promotion Assessment and Planning
- Health Promotion Implementation and Evaluation
- Health Education for Elementary and Secondary Schools
- Strategies in Health Education